

**From:** [Chambers, Blair](#)  
**To:** [Chambers, Blair](#)  
**Cc:** [NCDOT - Integrated Mobility Division](#); [White, Julie A \(NCDOT\)](#)  
**Subject:** TCRP-F29: Mental Health, Wellness, and Resilience for Transit System Workers (Interview Interest Form)  
**Date:** Monday, May 16, 2022 4:38:50 PM  
**Attachments:** [image004.png](#)

---

Good Afternoon,

Rutgers University and Foursquare ITP are working with the [Transit Cooperative Research Program \(TCRP\)](#) to research challenges and impacts of mental health and wellness for frontline transit workers. This research will include both chronic and acute stressors, such as depression, anxiety, and post-traumatic stress disorders (PTSD), as well as the impact that the COVID-19 pandemic has had on transit staff. The goal will be to identify key issues and develop a toolkit of solutions for practitioners to improve health, wellbeing, retention/recruitment, and overall resilience of frontline workers.

As part of this research, the research team would like to hold interviews and focus groups with both administrative leadership and frontline workers, from a diverse set of transit agencies. These interviews and focus groups will help them understand these topics in further detail and provide opportunity to learn about challenges, opportunities, and successful programs or policies that are addressing mental health and wellness at transit agencies. They would like to invite transit agency staff to take a few minutes to complete their Interest Form (<https://bit.ly/TCRPF-29>) to help them screen agencies for in-depth interviews and focus groups. Interviews/focus groups will be held in August or September 2022. **Please complete the interest form by May 31, 2022.**

<https://bit.ly/TCRPF-29>

They are seeking information from those transit agency staff who work with, train or otherwise are knowledgeable of the work-life for frontline transit workers such as rail or bus operators, paratransit operators, street supervision, station managers, customer service representatives, and any other staff position which may directly interact with the public.

If you have a colleague who is better suited to participate in our research or you can recommend another agency, please feel free to share this interest form request with them.

We appreciate your assistance and look forward to hearing from you soon.

Thank you,

Timothy Blair Chambers, Jr.  
Compliance & Procurement Branch Manager  
Integrated Mobility Division  
North Carolina Department of Transportation

919 707 4693 (office)  
984 218 7833 (cell)

[tbchambers@ncdot.gov](mailto:tbchambers@ncdot.gov)

Mail Service Center 1550  
Raleigh, NC 27699-1550  
1 S Wilmington Street, Room 526  
Raleigh, NC 27601-1550



Email correspondence to and from this address is subject to the North Carolina Public Records Law and may be disclosed to third parties.

---

Email correspondence to and from this sender is subject to the N.C. Public Records Law and may be disclosed to third parties.