State Maintenance Operations
Training DVD Catalog

Development of the Catalog:

This catalog was developed with the assistance of numerous County Maintenance Engineers and their supporting Division offices. Older VHS format training videos were gathered up, converted to a DVD format, and listed in this catalog.

Requests for DVDs

Requests for DVDs can be made by filling out the DVD Category list at the end of this catalog, (pages 38-41). At the top of the form, please indicate which Division and County Yard you are ordering for and check the box on the last column to indicate which DVDs you need. Send these requests to NCDOT-SMO, MSC 1567, Attn: Lee Johnson and provide a copy to your Division Training Coordinator. (The Division Coordinator list can be found on-line under the SMO Training Programs page).

Additions to the Catalog:

If a County Yard or Division office has a video that is not listed in this catalog, and would like it transferred to a DVD format, please send it to NCDOT-SMO, MSC 1567, Attn: Lee Johnson (919) 835-8438.

Questions or concerns about this catalog:

If you have any questions or concerns about this catalog, please contact the SMO office, Lee Johnson (919) 835-8438 or via email: leejohnson@ncdot.gov
State Maintenance Operations
Training DVD Catalog

As of: June 20, 2014

NOTE: Due to copyright issues, some DVDs may or may not be available for copying.

Equipment Operations

BackinG Safety
Description: This DVD provides viewers with the knowledge and skills needed for proper vehicle backing operations.
Type: Equipment Operations Provider: 
Target Audience: All employees Prerequisites: None
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

BackinG Up
Description: This DVD provides viewers with the knowledge and skills needed for proper vehicle backing operations.
Type: Equipment Operations Provider: 
Target Audience: All employees Prerequisites: None
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Bucket Trucks
Description: This DVD provides viewers with the knowledge and skills needed for proper operation and use of bucket trucks.
Type: Equipment Operations Provider: 
Target Audience: All employees Prerequisites: None
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Car Jacks
Description: This DVD provides viewers with the knowledge and skills needed for proper use of car jacks.
Type: Equipment Operations Provider: 
Target Audience: All employees Prerequisites: None
Length of DVD: 5 Minutes
Examination: No
PDH: N/A
CDL-Pre Trip Inspection
Description: This DVD provides viewers with the knowledge and skills needed to conduct a pre-trip inspection on large vehicles.
Type: Equipment Operations  Provider: 
Target Audience: All employees  Prerequisites: None
Length of DVD: 19 Minutes
Examination: No
PDH: N/A

Chains and Safety
Description: This DVD provides viewers with the knowledge and skills needed to properly use chains for towing and lifting in a safe manner.
Type: Equipment Operations  Provider: 
Target Audience: All employees  Prerequisites: None
Length of DVD: 6 Minutes
Examination: No
PDH: N/A

Cold Milling Machine
Description: This DVD provides viewers with the knowledge and skills needed to operate the cold milling machine safely.
Type: Equipment Operations  Provider: 
Target Audience: All employees  Prerequisites: None
Length of DVD: 25 Minutes
Examination: No
PDH: N/A

Crane Operations Safety and Maintenance
Description: This DVD provides viewers with the knowledge and skills needed to properly operate a crane and perform maintenance operations.
Type: Equipment Operations  Provider: 
Target Audience: All employees  Prerequisites: None
Length of DVD: 1 Hr 40 Minutes
Examination: No
PDH: N/A

Driving Straight Trucks
Description: This DVD provides viewers with the knowledge and skills needed to safely operate a truck with a manual transmission.
Type: Equipment Operations  Provider: 
Target Audience: All employees  Prerequisites: None
Length of DVD: 12 Minutes
Examination: No
PDH: N/A
Hand and Power Tool Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of hand and power tools.
Type: Equipment Operations Provider:
Target Audience: All employees Prerequisites: None
Length of DVD: 15 Minutes Examination: No
PDH: N/A

Hand Fed Brush Chipper Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of using the hand-fed brush chipper.
Type: Equipment Operations Provider:
Target Audience: All employees Prerequisites: None
Length of DVD: 12 Minutes Examination: No
PDH: N/A

Heavy Equipment Operations
Description: This DVD provides viewers with the knowledge and skills needed to safely operate heavy equipment.
Type: Equipment Operations Provider:
Target Audience: All employees Prerequisites: None
Length of DVD: 9 Minutes Examination: No
PDH: N/A

How to Operate an A-Boom
Description: This DVD provides viewers with the knowledge and skills needed to safely operate an A-Boom tractor attachment.
Type: Equipment Operations Provider:
Target Audience: All employees Prerequisites: None
Length of DVD: 8 Minutes Examination: No
PDH: N/A

Hyundai Front Loader
Description: This DVD provides viewers with the knowledge and skills needed to safely operate the Hyundai Front Loader.
Type: Equipment Operations Provider:
Target Audience: All employees Prerequisites: None
Length of DVD: 11 Minutes Examination: No
PDH: N/A
JCB Backhoe Loader Safety
Description: This DVD provides viewers with the knowledge and skills needed to safely operate the JCB Backhoe Loader.
Type: Equipment Operations
Target Audience: All employees
Length of DVD: 15 Minutes
Examination: No
PDH: N/A

John Deere 7000 Series Ten Tractor
Description: This DVD provides viewers with the knowledge and skills needed to safely operate the John Deere 7000 Series Ten Tractor.
Type: Equipment Operations
Target Audience: All employees
Length of DVD: 1 Hr., 17 Minutes
Examination: No
PDH: N/A

Rigging Equipment Basics
Description: This DVD provides viewers with the knowledge and skills needed to recognize and safely operate basic rigging equipment.
Type: Equipment Operations
Target Audience: All employees
Length of DVD: 21 Minutes
Examination: No
PDH: N/A

Rigging Operations
Description: This DVD provides viewers with the knowledge and skills needed to recognize and safely operate the equipment used in rigging operations.
Type: Equipment Operations
Target Audience: All employees
Length of DVD: 26 Minutes
Examination: No
PDH: N/A

Safe Driver Training
Description: This DVD provides viewers with the knowledge and skills needed for safe and proper vehicle driving operations.
Type: Equipment Operations
Target Audience: All employees
Length of DVD: 52 Minutes
Examination: No
PDH: N/A
Safe Equipment Transport
Description: This DVD provides viewers with the knowledge and skills needed for safe and proper equipment operations.
Type: Equipment Operations                              Provider:  
Target Audience: All employees                          Prerequisites: None
Length of DVD: 24 Minutes                               
Examination: No                                        
PDH: N/A                                               

Seat Belt Safety
Description: This DVD provides viewers with the knowledge and skills needed to properly use seat belts for safer vehicle operations.
Type: Equipment Operations                              Provider:  
Target Audience: All employees                          Prerequisites: None
Length of DVD: 5 Minutes                                 
Examination: No                                        
PDH: N/A                                               

Shock hazards: Power Tools
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of using power tools.
Type: Equipment Operations                              Provider:  
Target Audience: All employees                          Prerequisites: None
Length of DVD: 5 Minutes                                 
Examination: No                                        
PDH: N/A                                               

Tractor Safety
Description: This DVD provides viewers with the knowledge and skills needed for proper tractor vehicle operations.
Type: Equipment Operations                              Provider:  
Target Audience: All employees                          Prerequisites: None
Length of DVD: 6 Minutes                                 
Examination: No                                        
PDH: N/A                                               

Transport Trailer Safety
Description: This DVD provides viewers with the knowledge and skills needed for proper transport trailer operations.
Type: Equipment Operations                              Provider:  
Target Audience: All employees                          Prerequisites: None
Length of DVD: 25 Minutes                                 
Examination: No                                        
PDH: N/A                                               


Vermeer Brush Chipper
**Description:** This DVD provides viewers with the knowledge and skills needed to safely operate the Vermeer Brush Chipper.

- **Type:** Equipment Operations
- **Target Audience:** All employees
- **Length of DVD:** 14 Minutes
- **Examination:** No
- **PDH:** N/A

**Winter Operations**

Anatomy of a Winter Storm
**Description:** This DVD provides viewers with the knowledge and skills needed to understand operations during winter storms.

- **Type:** Winter Operations
- **Target Audience:** All employees
- **Length of DVD:** 13 Minutes
- **Examination:** No
- **PDH:** N/A

FHWA: Anti-icing for Maintenance Personnel
**Description:** This DVD provides viewers with the knowledge and skills needed to understand Anti-icing operations during winter.

- **Type:** Winter Operations
- **Target Audience:** All employees
- **Length of DVD:** 12 Minutes
- **Examination:** No
- **PDH:** N/A

FHWA: What is Anti-icing?
**Description:** This DVD provides viewers with the knowledge and skills needed to understand what Anti-icing operations are.

- **Type:** Winter Operations
- **Target Audience:** All employees
- **Length of DVD:** 9 Minutes
- **Examination:** No
- **PDH:** N/A

Iowa DOT: Anti-icing/De-icing
**Description:** This DVD provides viewers with the knowledge and skills needed to identify and use Anti-icing and De-icing methods.
Iowa DOT: Winter Weather Resources
Description: This DVD provides viewers with the knowledge and skills needed to identify and make use of Winter Weather Resources.
Type: Winter Operations
Target Audience: All employees
Length of DVD: 35 Minutes
Examination: No
PDH: N/A
Provider:
Prerequisites: None

Pre-Wetting with Liquid Calcium Chloride
Description: This DVD provides viewers with the knowledge and skills needed to understand the concept of pre-wetting salt with liquid calcium chloride.
Type: Winter Operations
Target Audience: All employees
Length of DVD: 13 Minutes
Examination: No
PDH: N/A
Provider:
Prerequisites: None

Snow and Ice Control
Description: This DVD provides viewers with the knowledge and skills needed to safely conduct snow and ice removal operations.
Type: Winter Operations
Target Audience: All employees
Length of DVD: 12 Minutes
Examination: No
PDH: N/A
Provider:
Prerequisites: None

Snow Fighters
Description: This DVD provides viewers with the knowledge and skills needed to safely conduct snow and ice removal operations.
Type: Winter Operations
Target Audience: All employees
Length of DVD: 20 Minutes
Examination: No
PDH: N/A
Provider:
Prerequisites: None

Snowplow Safety
Description: This DVD provides viewers with the knowledge and skills needed to safely operate a snow-plow during removal operations.
Staying Ahead of the Storm
Description: This DVD provides viewers with the knowledge and skills needed to safely plan for snow and ice removal operations.

Wetted Salt with Calcium Chloride
Description: This DVD provides viewers with the knowledge and skills needed to understand the concept of pre-wetting salt with liquid calcium chloride.

Winter Driving
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with winter driving.

Working in the Cold
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of working in cold environments.
**Work-zone Safety**

**A Sudden Change of Plans**
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with working within the Work-Zone area.

- **Type:** Work-Zone Safety  
- **Provider:**
- **Target Audience:** All employees  
- **Prerequisites:** None
- **Length of DVD:** 7 Minutes
- **Examination:** No
- **PDH:** N/A

**Basic Traffic Control**
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with flagging, and to perform Basic Traffic Control.

- **Type:** Work-Zone Safety  
- **Provider:**
- **Target Audience:** All employees  
- **Prerequisites:** None
- **Length of DVD:** 13 Minutes
- **Examination:** No
- **PDH:** N/A

**ITRE: Flagger Training**
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with flagging, and to perform Basic Traffic Control.

- **Type:** Work-Zone Safety  
- **Provider:**
- **Target Audience:** All employees  
- **Prerequisites:** None
- **Length of DVD:** 22 Minutes
- **Examination:** No
- **PDH:** N/A

**Highway Work Zone Safety: The Basics**
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers in the Highway Work-zone.

- **Type:** Work-Zone Safety  
- **Provider:**
- **Target Audience:** All employees  
- **Prerequisites:** None
- **Length of DVD:** 16 Minutes
- **Examination:** No
- **PDH:** N/A

**Iowa DOT: Professional Flagging**
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with flagging, and to perform Basic Traffic Control.
Type: Work-Zone Safety
Target Audience: All employees
Length of DVD: 46 Minutes
Examination: No
PDH: N/A

Under Construction: Trucking in the Work-Zone
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of driving trucks through the Work-Zone Safety area.
Type: Work-Zone Safety
Target Audience: All employees
Length of DVD: 10 Minutes
Examination: No
PDH: N/A

Work-Zone Safety: Rural and Local Parts 1-6
Description: This DVD provides viewers with the knowledge and skills needed to perform roadway maintenance in the Work-Zone Safety area.
Type: Work-Zone Safety
Target Audience: All employees
Length of DVD: 1 Hr, 40 Minutes
Examination: No
PDH: N/A

Work-Zone Safety: Trucking Through the Work-Zone
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of driving trucks through the Work-Zone Safety area.
Type: Work-Zone Safety
Target Audience: All employees
Length of DVD: 7 Minutes
Examination: No
PDH: N/A

Field Operations

Bituminous Surface Treatment-Patching
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform BST patching.
Type: Field Operations  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 16 Minutes  PDH: N/A
Examination: No

C50L Huck-bolt Fastening System
Description: This DVD provides viewers with the knowledge and skills needed to understand how to use the Huck-bolt C50L Fastening System.
Type: Field Operations  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 9 Minutes  PDH: N/A
Examination: No

Contract Mowing
Description: This DVD provides viewers with the knowledge and skills needed to understand how contract mowing is used by the NCDOT.
Type: Field Operations  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 11 Minutes  PDH: N/A
Examination: No

Design and Installation of Buried Pipes
Description: This DVD provides viewers with the knowledge and skills needed to design and install buried pipes on road work projects.
Type: Field Operations  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 42 Minutes  PDH: N/A
Examination: No

FHWA: Project Selection
Description: This DVD provides viewers with the knowledge and skills needed to prioritize the selection of various road work projects.
Type: Field Operations  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 30 Minutes  PDH: N/A
Examination: No

Full Depth Patching
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform full depth patching.
Full Depth Reclamation
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform full depth road reclamation.

NC-DOT Contract Mowing
Description: This DVD provides viewers with the knowledge and skills needed to observe and certify the correct completion of mowing operations conducted by contractors.

NCDOT Crime Watch Program
Description: This DVD provides viewers with the knowledge and skills needed to identify and report crime while out in the field.

Pavement Structure Repair Techniques: Asphalt Chip Seals
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform paving with asphalt chip seals.

Pavement Structure Repair Techniques: Basic Traffic Control
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic traffic control as part of road maintenance.
Pavement Structure Repair Techniques: Crack Sealing
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform crack sealing road maintenance.

Pavement Structure Repair Techniques: Ditch Maintenance
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform ditch maintenance.

Pavement Structure Repair Techniques: Gravel Roads
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform maintenance on gravel roads.

Pavement Structure Repair Techniques: Pothole Patching
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform pothole patching maintenance.

Pavement Structure Repair Techniques: Shoulder Maintenance
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform shoulder maintenance.
Pest Management Level 2
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic Pest Management.
Type: Field Operations  
Provider:  
Target Audience: All employees  
Prerequisites: None  
Length of DVD: 21 Minutes  
Examination: No  
PDH: N/A

Pest Management Level 4
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform advanced Pest Management.
Type: Field Operations  
Provider:  
Target Audience: All employees  
Prerequisites: None  
Length of DVD: 31 Minutes  
Examination: No  
PDH: N/A

Rigging Equipment: Inspecting for Safety
Description: This DVD provides viewers with the knowledge and skills needed to properly inspect rigging equipment for personal safety.
Type: Field Operations  
Provider:  
Target Audience: All employees  
Prerequisites: None  
Length of DVD: 16 Minutes  
Examination: No  
PDH: N/A

Sensible Wood Cutting
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to safely perform basic wood cutting.
Type: Field Operations  
Provider:  
Target Audience: All employees  
Prerequisites: None  
Length of DVD: 23 Minutes  
Examination: No  
PDH: N/A

Surface Defects in Formed Concrete
Description: This DVD provides viewers with the knowledge and skills needed to find and repair surface defects in formed concrete.
Type: Field Operations  Provider: 
Target Audience: All employees  Prerequisites: None 
Length of DVD: 19 Minutes  
Examination: No  
PDH: N/A  

**The Reliable Witness: Direct Tension Indicator**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely use the Direct Tension Indicator.

Type: Field Operations  Provider: 
Target Audience: All employees  Prerequisites: None 
Length of DVD: 21 Minutes  
Examination: No  
PDH: N/A  

**Trenching and Excavation Operations**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the safety issues with trenching and excavation in the workplace.

Type: Field Operations  Provider: 
Target Audience: All employees  Prerequisites: None 
Length of DVD: 26 Minutes  
Examination: No  
PDH: N/A  

**Trenching Safety I**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the safety issues with trenching in the workplace.

Type: Field Operations  Provider: 
Target Audience: All employees  Prerequisites: None 
Length of DVD: 6 Minutes  
Examination: No  
PDH: N/A  

**Trenching Safety II**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the safety issues with trenching in the workplace.

Type: Field Operations  Provider: 
Target Audience: All employees  Prerequisites: None 
Length of DVD: 6 Minutes  
Examination: No  
PDH: N/A  

**Wheelbarrows**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly operate a wheelbarrow in the workplace.
Type: Field Operations
Target Audience: All employees
Length of DVD: 6 Minutes
Examination: No
PDH: N/A

ZAP! Power Line Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with power lines in the work-place
Type: Field Operations
Target Audience: All employees
Length of DVD: 4 Minutes
Examination: No
PDH: N/A

Environmental

A Good Tomorrow: NCDOT-REU
Description: This DVD provides viewers with an introduction to roadside environmental concerns for NCDOT Roadway Maintenance Workers.
Type: Environmental
Target Audience: All employees
Length of DVD: 8 Minutes
Examination: No
PDH: N/A

Erosion and Sediment Control Practices Part I
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic erosion and sediment control practices.
Type: Environmental
Target Audience: All employees
Length of DVD: 49 Minutes
Examination: No
PDH: N/A

Erosion and Sediment Control Practices Part II
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic erosion and sediment control practices.
Type: Environmental
Target Audience: All employees
Length of DVD: 42 Minutes
Examination: No
PDH: N/A
Introduction to Erosion Control
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic erosion control.
Type: Environmental Provider:
Target Audience: All employees Prerequisites: None
Length of DVD: 31 Minutes
Examination: No
PDH: N/A

Install Erosion Control Devices
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform the installation of erosion control devices.
Type: Environmental Provider:
Target Audience: All employees Prerequisites: None
Length of DVD: 52 Minutes
Examination: No
PDH: N/A

Pollution Prevention
Description: This DVD provides participants with the knowledge and skills needed to recognize sources of pollution on the work-site.
Type: Environmental Provider:
Target Audience: All employees Prerequisites: None
Length of DVD: 5 Minutes Copyrighted? Yes
Examination: No
PDH: N/A

Sediment Control
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic sediment control.
Type: Environmental Provider:
Target Audience: All employees Prerequisites: None
Length of DVD: 49 Minutes
Examination: No
PDH: N/A

Storm-water Pollution Prevention
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic storm-water pollution control practices.
Type: Environmental  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 35 Minutes
Examination: No
PDH: N/A

Vegetation Management
Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic vegetation management.
Type: Environmental  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 28 Minutes
Examination: No
PDH: N/A

Personnel

Peer Pressure
Description: This DVD provides viewers with the knowledge and skills needed to identify safety issues in the workplace prompted by peer pressure.
Type: Personnel  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Supervisor Responsibility
Description: This DVD provides viewers with the knowledge and skills needed to supervise personnel.
Type: Personnel  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 19 Minutes
Examination: No
PDH: N/A

Violence in the Workplace
Description: This DVD provides viewers with the knowledge and skills needed to identify the potential dangers of violence in the workplace.
Type: Personnel  Provider:
Target Audience: All employees  Prerequisites: None
Length of DVD: 7 Minutes
Examination: No
PDH: N/A
Safety Films

A Better Way: Defensive Driving
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the potential dangers involved in operating a motor vehicle.
**Type:** Safety
**Target Audience:** All employees
**Length of DVD:** 25 Minutes
**Examination:** No
**PDH:** N/A

Accident Investigation
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the causes of accidents in the workplace.
**Type:** Safety
**Target Audience:** All employees
**Length of DVD:** 14 Minutes
**Examination:** No
**PDH:** N/A

AC Heat stick
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the potential dangers involved with electricity using the AC Heat stick.
**Type:** Safety
**Target Audience:** All employees
**Length of DVD:** 18 Minutes
**Examination:** No
**PDH:** N/A

Adopt A Highway Safety Program
**Description:** This DVD provides viewers with the knowledge and skills needed to safely pick up litter alongside NC roadways as part of the Adopt a Highway Program.
**Type:** Safety
**Target Audience:** All employees
**Length of DVD:** 6 Minutes
**Examination:** No
**PDH:** N/A

Asbestos in the Workplace
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the potential dangers involved with asbestos in the work area.
Avoiding Poisonous Plants
Description: This DVD provides viewers with the knowledge and skills needed to identify the potential dangers poisonous plants in the outside work area.

Type: Safety
Target Audience: All employees
Length of DVD: 12 Minutes
Examination: No
PDH: N/A

Prerequisites: None

Provider:

Back Safety
Description: This DVD provides participants with the knowledge and skills needed to recognize and prevent back injuries.

Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Copyrighted? Yes

Provider:

Basic First Aid
Description: This DVD provides viewers with the knowledge and skills needed to recognize when first aid is needed and how to perform basic first aid steps.

Type: Safety
Target Audience: All employees
Length of DVD: 13 Minutes
Examination: No
PDH: N/A

Provider:

Battling Fatigue
Description: This DVD provides viewers with the knowledge and skills needed to recognize when fatigue is affecting you on the job.

Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Provider:

Blood-borne Pathogens
Description: This DVD provides viewers with the knowledge and skills needed to avoid transmitting illness and disease from blood-borne pathogens.
Breaking the Accident Chain
Description: This DVD provides viewers with the knowledge and skills needed to identify factors leading up to accidents on the road.

Carbon Monoxide
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of carbon monoxide at home and the workplace.

Cellular Phones and Two-Way Radios
Description: This DVD provides viewers with the knowledge and skills needed for identification of the dangers of using these devices while driving.

Circle of Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify dangers in the workplace.

Cracking the Code: Material Safety Data Sheets
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of working with chemicals in the workplace.
Decontamination
Description: This DVD provides viewers with the knowledge and skills needed to decontaminate yourself and the workplace in the event of a chemical spill.

Type: Safety
Target Audience: All employees
Length of DVD: 6 Minutes
Examination: No
PDH: N/A

Dreams into Nightmares
Description: This DVD provides viewers with the knowledge and skills needed to identify dangers in the home and workplace.

Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Driver Attitude
Description: This DVD provides viewers with the knowledge and skills needed to identify dangers while driving.

Type: Safety
Target Audience: All employees
Length of DVD: 7 Minutes
Examination: No
PDH: N/A

Equipment Mounting & Dismounting Using the 3 Point System
Description: This DVD provides viewers with the knowledge and skills needed to identify proper mounting and dismounting using the 3 point system.

Type: Safety
Target Audience: All employees
Length of DVD: 10 Minutes
Examination: No
PDH: N/A

Fall Protection Systems Overview
Description: This DVD provides viewers with the knowledge and skills needed to identify and use various fall protection systems in the workplace.
Falls
Description: This DVD provides viewers with the knowledge and skills needed to identify various fall hazards at home and the workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 7 Minutes
Examination: No
PDH: N/A
Provider: 
Prerequisites: None

Fire Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify the potential dangers fire in the workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 21 Minutes
Examination: No
PDH: N/A
Provider: 
Prerequisites: None

Five Steps to Ladder Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of using ladders at home and in the workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A
Provider: 
Prerequisites: None

Flammables
Description: This DVD provides viewers with the knowledge and skills needed to identify various types of flammables and the dangers of using them.
Type: Safety
Target Audience: All employees
Length of DVD: 6 Minutes
Examination: No
PDH: N/A
Provider: 
Prerequisites: None

Gases At Home and Work
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of using various gases at home and the workplace.
Getting Your Back into It
Description: This DVD provides viewers with the knowledge and skills needed to avoid back injuries at home and in the workplace.

Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A
Provider: None
Prerequisites: None

Good Driving is an Attitude
Description: This DVD provides viewers with the knowledge and skills needed to identify driving dangers on the road.

Type: Safety
Target Audience: All employees
Length of DVD: 4 Minutes
Examination: No
PDH: N/A
Provider: None
Prerequisites: None

Hard Hat Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify the benefits of using hard-hats for safety.

Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A
Provider: None
Prerequisites: None

Hazard Assessment
Description: This DVD provides viewers with the knowledge and skills needed to assess hazards at home and in the workplace.

Type: Safety
Target Audience: All employees
Length of DVD: 13 Minutes
Examination: No
PDH: N/A
Provider: None
Prerequisites: None

Hazard Communication
Description: This DVD provides viewers with the knowledge and skills needed to recognize hazards at home and in the workplace.
Haz-Com: Introduction to the Materials Safety Data Sheets
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the hazards of chemicals using the MSDS sheets.

**Type:** Safety
**Target Audience:** All employees
**Length of DVD:** 18 Minutes
**Examination:** No
**PDH:** N/A

Haz-Com: Your Right to Know
**Description:** This DVD provides viewers with the knowledge and skills needed to identify various chemicals in use at the workplace.

**Type:** Safety
**Target Audience:** All employees
**Length of DVD:** 5 Minutes
**Examination:** No
**PDH:** N/A

Hearing Safety
**Description:** This DVD provides viewers with the knowledge and skills needed to avoid hearing injuries in the workplace by using protection devices.

**Type:** Safety
**Target Audience:** All employees
**Length of DVD:** 5 Minutes
**Examination:** No
**PDH:** N/A

Hearing Safety (Extended)
**Description:** This DVD provides viewers with the knowledge and skills needed to avoid hearing injuries in the workplace by using protection devices.

**Type:** Safety
**Target Audience:** All employees
**Length of DVD:** 16 Minutes
**Examination:** No
**PDH:** N/A

Heat Stress
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of heat stress on the job-site.
Home Chemical Handling
Description: This DVD provides viewers with the knowledge and skills needed to recognize the dangers of hazardous home chemicals.

Home Fire Evacuation
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of a home fire and how to evacuate the home.

Home Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers at home and how to prevent them.

Housekeeping
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of a cluttered job site.

Incident Management Response Plan
Description: This DVD provides viewers with the knowledge and skills needed to create an Incident Management Response Plan.
Type: Safety  Provider:  
Target Audience: All employees  Prerequisites: None  
Length of DVD: 16 Minutes  
Examination: No  
PDH: N/A  

Job-Site Safety  
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers at the job-site and how to prevent them.  
Type: Safety  Provider:  
Target Audience: All employees  Prerequisites: None  
Length of DVD: 21 Minutes  
Examination: No  
PDH: N/A  

Just Horsing Around  
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with horsing around at the workplace.  
Type: Safety  Provider:  
Target Audience: All employees  Prerequisites: None  
Length of DVD: 4 Minutes  
Examination: No  
PDH: N/A  

Lead in the Workplace  
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of using lead in the workplace.  
Type: Safety  Provider:  
Target Audience: All employees  Prerequisites: None  
Length of DVD: 7 Minutes  
Examination: No  
PDH: N/A  

Lead Safety On the Job  
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of using lead in the workplace.  
Type: Safety  Provider:  
Target Audience: All employees  Prerequisites: None  
Length of DVD: 19 Minutes  
Examination: No  
PDH: N/A  

Lead, Treat it with Respect  
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of using lead in the workplace.
Lockout/Tagout Affected Employees
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of not safety-tagging equipment during maintenance.

Lyme disease
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of tick-borne Lyme disease.

Machine Lockout: Controlling Hazardous Energy
Description: This DVD provides viewers with the knowledge and skills needed to avoid various accidents with industrial and construction equipment.

Making Safer Roads: Roadside hazards
Description: This DVD provides viewers with the knowledge and skills needed to identify and limit roadside hazards.

Near Misses
Description: This DVD provides viewers with the knowledge and skills needed to avoid various accidents in the workplace.
Outdoor Safety: Critters and Plants
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of animals and plants out in the field workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Oxy-Fuel Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of using oxy-fuel in the workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 32 Minutes
Examination: No
PDH: N/A

Personal Fall Arrest Systems
Description: This DVD provides viewers with the knowledge and skills needed to identify and use various fall arresting systems in the workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 6 Minutes
Examination: No
PDH: N/A

Personal Protective Equipment
Description: This DVD provides viewers with the knowledge and skills needed to properly use personal protective equipment in the workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 15 Minutes
Examination: No
PDH: N/A

Portable Fire Extinguishers
Description: This DVD provides viewers with the knowledge and skills needed to properly use portable fire extinguishers at home and in the workplace.
Respiratory Protection
Description: This DVD provides viewers with the knowledge and skills needed to recognize when respiratory protection is needed in the workplace.

Type: Safety
Target Audience: All employees
Length of DVD: 12 Minutes
Examination: No
PDH: N/A

Safe Lifting Techniques
Description: This DVD provides viewers with the knowledge and skills needed to identify and combat back injuries in the workplace.

Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Safe Rigging Practices
Description: This DVD provides viewers with the knowledge and skills needed to identify and work with safe rigging practices and systems in the workplace.

Type: Safety
Target Audience: All employees
Length of DVD: 18 Minutes
Examination: No
PDH: N/A

Safe Work Practices in Construction
Description: This DVD provides viewers with the knowledge and skills needed to identify and avoid un-safe work practices on the job.

Type: Safety
Target Audience: All employees
Length of DVD: 11 Minutes
Examination: No
PDH: N/A

Safety Meetings Series I
Description: This DVD provides viewers with the knowledge and skills needed to identify and avoid various lifting, eye protection and hand-tool safety hazards on the job.
Type: Safety
Target Audience: All employees
Length of DVD: 22 Minutes
Examination: No
PDH: N/A

Safety Meetings Series II
Description: This DVD provides viewers with the knowledge and skills needed to identify and avoid various safety gear, housekeeping hazards and hand protection safety hazards on the job.

Type: Safety
Target Audience: All employees
Length of DVD: 17 Minutes
Examination: No
PDH: N/A

Safety Meetings Series III
Description: This DVD provides viewers with the knowledge and skills needed to identify and avoid various electrical safety, skin protection and horseplay safety hazards on the job.

Type: Safety
Target Audience: All employees
Length of DVD: 25 Minutes
Examination: No
PDH: N/A

Safety Attitude
Description: This DVD provides viewers with the knowledge and skills needed to develop a positive attitude towards safety on the job.

Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Safety Orientation: It Takes a Winning Attitude
Description: This DVD provides viewers with the knowledge and skills needed to identify and avoid un-safe work practices on the job.

Type: Safety
Target Audience: All employees
Length of DVD: 22 Minutes
Examination: No
PDH: N/A

Safety Signs
Description: This DVD provides viewers with the knowledge and skills needed to identify the various safety signs in use at the workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 6 Minutes
Examination: No
PDH: N/A

Scaffolding Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify and combat potential injuries when using scaffolding in the workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 18 Minutes
Examination: No
PDH: N/A

Slippin’ and Slidin’
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of walking on slippery surfaces.
Type: Safety
Target Audience: All employees
Length of DVD: 4 Minutes
Examination: No
PDH: N/A

Slip, Slop and Slap
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers skin cancer from the sun.
Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Slips, Trips and Falls
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of walking on slippery or uneven surfaces.
Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

Speeding Trucks
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of speeding while driving a truck.
Swept Away: A Guide to Water Rescue Ops
Description: This DVD provides viewers with the knowledge and skills needed to recognize the hazards and skills needed to perform Water Rescue Ops.
Type: Safety
Target Audience: All employees
Length of DVD: 31 Minutes
Examination: No
PDH: N/A

The Accident: What to Do?
Description: This DVD provides viewers with the knowledge and skills needed to properly react to an accident.
Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

The Hazards of Electricity
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of electricity on the workplace.
Type: Safety
Target Audience: All employees
Length of DVD: 5 Minutes
Examination: No
PDH: N/A

The Hidden Danger: Low Water Crossings
Description: This DVD provides viewers with the knowledge and skills needed to recognize dangers of low-water crossings.
Type: Safety
Target Audience: All employees
Length of DVD: 9 Minutes
Examination: No
PDH: N/A

The Power of Electricity
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of electricity at home and the workplace.
The Sealed Corridor: Railroad Crossing Safety
Description: This DVD provides viewers with the knowledge and skills needed to identify and help eliminate the dangers at railroad crossings.
Type: Safety Provider: 
Target Audience: All employees Provider: 
Length of DVD: 5 Minutes Prerequisites: None
Examination: No
PDH: N/A

Tick Disease Prevention
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers of tick-borne diseases.
Type: Safety Provider: 
Target Audience: All employees Provider: 
Length of DVD: 15 Minutes Prerequisites: None
Examination: No
PDH: N/A

Underground Safety: Confined Space Entry
Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers involved when working in a confined space workplace.
Type: Safety Provider: 
Target Audience: All employees Provider: 
Length of DVD: 10 Minutes Prerequisites: None
Examination: No
PDH: N/A

Unrestrained Motorists: The Cost to Your Community
Description: This DVD provides viewers with the knowledge of how unrestrained motorists and accidents introduce huge costs to the community.
Type: Safety Provider: 
Target Audience: All employees Provider: 
Length of DVD: 8 Minutes Prerequisites: None
Examination: No
PDH: N/A

Watch-out For Assault
Description: This DVD provides viewers with the knowledge and skills needed to identify the signs of pending assaults and how to avoid them.
<table>
<thead>
<tr>
<th>Type: Safety</th>
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<tr>
<td><strong>Target Audience:</strong> All employees</td>
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</table>

**Welding & Cutting Safety**
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of welding and cutting in the workplace.

<table>
<thead>
<tr>
<th>Type: Safety</th>
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**Wellness: Fitness**
**Description:** This DVD provides viewers with the knowledge and skills needed to properly use fitness training as a part of a personal wellness program.

<table>
<thead>
<tr>
<th>Type: Safety</th>
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<tr>
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<td><strong>Length of DVD:</strong> 5 Minutes</td>
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<td><strong>PDH:</strong> N/A</td>
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</table>

**Wellness: Stop Smoking**
**Description:** This DVD provides viewers with the knowledge and skills needed to quit smoking as part of a personal wellness program.

<table>
<thead>
<tr>
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<th>Provider:</th>
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<tbody>
<tr>
<td><strong>Target Audience:</strong> All employees</td>
<td><strong>Prerequisites:</strong> None</td>
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<td><strong>PDH:</strong> N/A</td>
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</table>

**Working Around Flammables and Combustibles**
**Description:** This DVD provides viewers with the knowledge and skills needed to identify various types of flammables and the dangers of using them.

<table>
<thead>
<tr>
<th>Type: Safety</th>
<th>Provider:</th>
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<tbody>
<tr>
<td><strong>Target Audience:</strong> All employees</td>
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<td><strong>Length of DVD:</strong> 5 Minutes</td>
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<td><strong>PDH:</strong> N/A</td>
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</table>

**Working Around Scaffolding**
**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of working with scaffolding in the workplace.
Type: Safety  Provider:  
Target Audience: All employees  Prerequisites: None  
Length of DVD: 6 Minutes  
Examination: No  
PDH: N/A  

Working with Hazardous Materials  
Description: This DVD provides viewers with the knowledge and skills needed to recognize the dangers of working with hazardous materials.  
Type: Safety  Provider:  
Target Audience: All employees  Prerequisites: None  
Length of DVD: 10 Minutes  
Examination: No  
PDH: N/A  

Workplace Safety Program  
Description: This DVD provides viewers with the knowledge and skills needed to develop a workplace safety program.  
Type: Safety  Provider:  
Target Audience: All employees  Prerequisites: None  
Length of DVD: 10 Minutes  
Examination: No  
PDH: N/A  

Other  
NCDOT On-Line Training Videos:  
- Proper Pipe Installation and Winter Operations at the following link:  
  
  http://www.ncdot.gov/programs/srmu/videos/default.html
| Category/Title                                      | Duration         | Needed?
<table>
<thead>
<tr>
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<tr>
<td><strong>Equipment Opns</strong></td>
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<tr>
<td>Backing Safety</td>
<td>5 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Backing Up</td>
<td>5 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Bucket Trucks</td>
<td>5 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Car Jacks</td>
<td>5 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>CDL-Pre Trip Inspection</td>
<td>19 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Chains and Safety</td>
<td>6 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Cold Milling Machine</td>
<td>25 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Crane Operation Safety and Maintenance</td>
<td>1:40 Hrs.</td>
<td>Y</td>
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<tr>
<td>Driving Straight Trucks</td>
<td>12 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Hand and Power Tools Safety</td>
<td>15 Mins</td>
<td>Y</td>
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<tr>
<td>Hand-fed Brush Chipper Safety</td>
<td>12 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Heavy Equipment Operations</td>
<td>9 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Highway Work Zone Safety: The Basics</td>
<td>16 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>How to Operate An A-Boom</td>
<td>8 Mins</td>
<td>Y</td>
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<tr>
<td>Hyundai Front Loader</td>
<td>11 Mins</td>
<td>Y</td>
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<tr>
<td>JCB Backhoe Loader Safety</td>
<td>15 Mins</td>
<td>Y</td>
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<tr>
<td>John Deere 7000 Series Ten Tractor</td>
<td>1:17 Hrs.</td>
<td>Y</td>
</tr>
<tr>
<td>Rigging Equipment Basics</td>
<td>21 Mins</td>
<td>Y</td>
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<tr>
<td>Rigging Operations</td>
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<tr>
<td>Safe Driver Training</td>
<td>52 Mins</td>
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<tr>
<td>Safe Equipment Transport</td>
<td>24 Mins</td>
<td>Y</td>
</tr>
<tr>
<td>Seat Belt Safety</td>
<td>5 Mins</td>
<td>Y</td>
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<tr>
<td>Shock Hazards, Power Tools</td>
<td>5 Mins</td>
<td>Y</td>
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<tr>
<td>Tractor Safety</td>
<td>6 Mins</td>
<td>Y</td>
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<tr>
<td>Transport Trailer Safety</td>
<td>25 Mins</td>
<td>Y</td>
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<tr>
<td>Vermeer Brush Chipper</td>
<td>14 Mins</td>
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<tr>
<td><strong>Winter Ops</strong></td>
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<tr>
<td>Anatomy of a Winter Storm</td>
<td>13 Mins</td>
<td>Y</td>
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<tr>
<td>FHWA: Anti-icing for Maintenance Personnel</td>
<td>12 Mins</td>
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<tr>
<td>FHWA: What is Anti-Icing?</td>
<td>9 Mins</td>
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<tr>
<td>Iowa DOT</td>
<td>Anti-Icing/De-Icing</td>
<td>30 Mins</td>
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<td>Iowa DOT</td>
<td>Winter Weather Resources</td>
<td>35 Mins</td>
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<tr>
<td>Pre-Wetting with Liquid Calcium Chloride</td>
<td>13 Mins</td>
<td>Y</td>
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<tr>
<td>Snow and ice Control</td>
<td>12 Mins</td>
<td>Y</td>
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<tr>
<td>Snow fighters</td>
<td>20 Mins</td>
<td>Y</td>
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<tr>
<td>Snowplow Safety</td>
<td>22 Mins</td>
<td>Y</td>
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<tr>
<td>Staying Ahead of the Storm</td>
<td>20 Mins</td>
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<tr>
<td>Wetted Salt with Calcium Chloride</td>
<td>20 Mins</td>
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<tr>
<td>Winter Driving</td>
<td>4 Mins</td>
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<tr>
<td>Working in the Cold</td>
<td>5 Mins</td>
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**Work zone**

| Category/Title                                      | Duration         | Needed?
<table>
<thead>
<tr>
<th></th>
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<tbody>
<tr>
<td>A Sudden Change of Plans</td>
<td>7 Mins</td>
<td>Y</td>
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<tr>
<td>Basic Traffic Control</td>
<td>13 Mins</td>
<td>Y</td>
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<tr>
<td>ITRE: Flagger Training</td>
<td>22 Mins</td>
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<tr>
<td>Highway Work Zone Safety: The Basics</td>
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<tr>
<td>Iowa DOT Professional Flagging</td>
<td>46 Mins</td>
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<tr>
<td>Under Construction: Trucking in the Work Zone</td>
<td>10 Mins</td>
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<tr>
<td>WorkZone Safety: Rural &amp; Local Parts 1-6</td>
<td>1:40 Hrs</td>
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<tr>
<td>WorkZone Safety: Trucking Through the Workzone</td>
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<tr>
<td><strong>Field Opns</strong></td>
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<tr>
<td>Bituminous Surface Treatments Patching</td>
<td>16 Mins</td>
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<tr>
<td>C50L Huckbolt Fastening System</td>
<td>9 Mins</td>
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<tr>
<td>Contract Mowing</td>
<td>11 Mins</td>
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<tr>
<td>Design and Installation of Buried Pipes</td>
<td>42 Mins</td>
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<td>FHWA: Project Selection</td>
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<tr>
<td>Full Depth Patching</td>
<td>17 Mins</td>
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<tr>
<td>Full Depth Reclamation</td>
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<tr>
<td>NDOT Crime Watch Program</td>
<td>9 Mins</td>
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<tr>
<td>NCDOT Contract Mowing</td>
<td>12 Mins</td>
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<tr>
<td>Pavement Structure Repair Tech Asphalt Chip Seals</td>
<td>22 Mins</td>
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<tr>
<td>Pavement Structure Repair Tech Basic Traffic Control</td>
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<tr>
<td>Pavement Structure Repair Tech Crack Sealing</td>
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<td>Pavement Structure Repair Tech: Ditch Maintenance</td>
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<td>Pavement Structure Repair Tech Gravel Roads</td>
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<td>Pavement Structure Repair Tech Pothole Patching</td>
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<tr>
<td>Pavement Structure Repair Tech: Shoulder Maintenance</td>
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<td>Pest Management Level 2</td>
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<td>Pest Management Level 4</td>
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<td>Rigging Equip: Inspecting for Safety</td>
<td>16 Mins</td>
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<td>Sensible Wood Cutting</td>
<td>23 Mins</td>
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<tr>
<td>Surface Defects in Formed Concrete</td>
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<td>The Reliable Witness Direct Tension Indicator</td>
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<td>Trenching and Excavation Opns</td>
<td>26 Mins</td>
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<td>Trenching Safety I</td>
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<td>Trenching Safety II</td>
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<td>Wheelbarrows</td>
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<td>Zap Power Line Safety</td>
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<td><strong>Environment</strong></td>
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