NCDOT

State Road Maintenance Unit

Technical Training

DYD Catalog

Traffic Roadside Road Maintenance Bridge Maintenance

State Maintenance Operations Training DVD Catalog

Development of the Catalog:

This catalog was developed with the assistance of numerous County Maintenance Engineers and their supporting Division offices. Older VHS format training videos were gathered up, converted to a DVD format, and listed in this catalog.

Requests for DVDs

Requests for DVDs can be made by filling out the DVD Category list at the end of this catalog, (pages 38-41). At the top of the form, please indicate which Division and County Yard you are ordering for and check the box on the last column to indicate which DVDs you need. Send these requests to NCDOT-SMO, MSC 1567, Attn: Lee Johnson and provide a copy to your Division Training Coordinator. (The Division Coordinator list can be found on-line under the SMO Training Programs page).

Additions to the Catalog:

If a County Yard or Division office has a video that is not listed in this catalog, and would like it transferred to a DVD format, please send it to NCDOT-SMO, MSC 1567, Attn: Lee Johnson (919) 835-8438.

Questions or concerns about this catalog:

If you have any questions or concerns about this catalog, please contact the SMO office, Lee Johnson (919) 835-8438 or via email: leejohnson@ncdot.gov

State Maintenance Operations Training DVD Catalog

As of: June 20, 2014

NOTE: Due to copyright issues, some DVDs may or may not be available for copying.

Equipment Operations

Backing Safety

Description: This DVD provides viewers with the knowledge and skills needed

for proper vehicle backing operations.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Backing Up

Description: This DVD provides viewers with the knowledge and skills needed

for proper vehicle backing operations.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Bucket Trucks

Description: This DVD provides viewers with the knowledge and skills needed

for proper operation and use of bucket trucks.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Car Jacks

Description: This DVD provides viewers with the knowledge and skills needed

for proper use of car jacks.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

CDL-Pre Trip Inspection

Description: This DVD provides viewers with the knowledge and skills needed

to conduct a pre-trip inspection on large vehicles. **Type:** Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 19 Minutes

Examination: No

PDH: N/A

Chains and Safety

Description: This DVD provides viewers with the knowledge and skills needed

to properly use chains for towing and lifting in a safe manner.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Cold Milling Machine

Description: This DVD provides viewers with the knowledge and skills needed

to operate the cold milling machine safely.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 25 Minutes

Examination: No

PDH: N/A

Crane Operations Safety and Maintenance

Description: This DVD provides viewers with the knowledge and skills needed

to properly operate a crane and perform maintenance operations.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 1 Hr 40 Minutes

Examination: No

PDH: N/A

Driving Straight Trucks

Description: This DVD provides viewers with the knowledge and skills needed

to safely operate a truck with a manual transmission. **Type:** Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 12 Minutes

Examination: No

Hand and Power Tool Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of hand and power tools. **Type:** Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 15 Minutes

Examination: No

PDH: N/A

Hand Fed Brush Chipper Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of using the hand-fed brush chipper.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 12 Minutes

Examination: No

PDH: N/A

Heavy Equipment Operations

Description: This DVD provides viewers with the knowledge and skills needed

to safely operate heavy equipment.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 9 Minutes

Examination: No

PDH: N/A

How to Operate an A-Boom

Description: This DVD provides viewers with the knowledge and skills needed

to safely operate an A-Boom tractor attachment. **Type:** Equipment Operations **Provide**

Type: Equipment Operations Provider:
Target Audience: All employees Prerequisites: None

Length of DVD: 8 Minutes

Examination: No

PDH: N/A

Hyundai Front Loader

Description: This DVD provides viewers with the knowledge and skills needed

to safely operate the Hyundai Front Loader.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 11 Minutes

Examination: No

JCB Backhoe Loader Safety

Description: This DVD provides viewers with the knowledge and skills needed

to safely operate the JCB Backhoe Loader.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 15 Minutes

Examination: No

PDH: N/A

John Deere 7000 Series Ten Tractor

Description: This DVD provides viewers with the knowledge and skills needed to

safely operate the John Deere 7000 Series Ten Tractor. **Type:** Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 1 Hr., 17 Minutes

Examination: No

PDH: N/A

Rigging Equipment Basics

Description: This DVD provides viewers with the knowledge and skills needed

to recognize and safely operate basic rigging equipment. **Type:** Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 21 Minutes

Examination: No

PDH: N/A

Rigging Operations

Description: This DVD provides viewers with the knowledge and skills needed

to recognize and safely operate the equipment used in rigging operations.

Type: Equipment Operations Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 26 Minutes

Examination: No

PDH: N/A

Safe Driver Training

Description: This DVD provides viewers with the knowledge and skills needed

for safe and proper vehicle driving operations.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 52 Minutes

Examination: No

Safe Equipment Transport

Description: This DVD provides viewers with the knowledge and skills needed

for safe and proper equipment operations.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 24 Minutes

Examination: No

PDH: N/A

Seat Belt Safety

Description: This DVD provides viewers with the knowledge and skills needed

to properly use seat belts for safer vehicle operations. **Type:** Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Shock hazards: Power Tools

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of using power tools.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Tractor Safety

Description: This DVD provides viewers with the knowledge and skills needed

for proper tractor vehicle operations.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Transport Trailer Safety

Description: This DVD provides viewers with the knowledge and skills needed

for proper transport trailer operations.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 25 Minutes

Examination: No

Vermeer Brush Chipper

Description: This DVD provides viewers with the knowledge and skills needed

to safely operate the Vermeer Brush Chipper.

Type: Equipment Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 14 Minutes

Examination: No

PDH: N/A

Winter Operations

Anatomy of a Winter Storm

Description: This DVD provides viewers with the knowledge and skills needed

to understand operations during winter storms.

Type: Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 13 Minutes

Examination: No

PDH: N/A

FHWA: Anti-icing for Maintenance Personnel

Description: This DVD provides viewers with the knowledge and skills needed

to understand Anti-icing operations during winter. **Type:** Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 12 Minutes

Examination: No

PDH: N/A

FHWA: What is Anti-icing?

Description: This DVD provides viewers with the knowledge and skills needed

to understand what Anti-icing operations are.

Type: Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 9 Minutes

Examination: No

PDH: N/A

Iowa DOT: Anti-icing/De-icing

Description: This DVD provides viewers with the knowledge and skills needed

to identify and use Anti-icing and De-icing methods.

Type: Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 30 Minutes

Examination: No

PDH: N/A

Iowa DOT: Winter Weather Resources

Description: This DVD provides viewers with the knowledge and skills needed

to identify and make use of Winter Weather Resources. **Type:** Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 35 Minutes

Examination: No

PDH: N/A

Pre-Wetting with Liquid Calcium Chloride

Description: This DVD provides viewers with the knowledge and skills needed

to understand the concept of pre-wetting salt with liquid calcium chloride.

Type: Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 13 Minutes

Examination: No

PDH: N/A

Snow and Ice Control

Description: This DVD provides viewers with the knowledge and skills needed

to safely conduct snow and ice removal operations. **Type:** Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 12 Minutes

Examination: No

PDH: N/A

Snow Fighters

Description: This DVD provides viewers with the knowledge and skills needed

to safely conduct snow and ice removal operations. **Type:** Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 20 Minutes

Examination: No

PDH: N/A

Snowplow Safety

Description: This DVD provides viewers with the knowledge and skills needed

to safely operate a snow-plow during removal operations.

Type: Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 22 Minutes

Examination: No

PDH: N/A

Staying Ahead of the Storm

Description: This DVD provides viewers with the knowledge and skills needed

to safely plan for snow and ice removal operations. **Type:** Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 20 Minutes

Examination: No

PDH: N/A

Wetted Salt with Calcium Chloride

Description: This DVD provides viewers with the knowledge and skills needed

to understand the concept of pre-wetting salt with liquid calcium chloride.

Type: Winter Operations Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 20 Minutes

Examination: No

PDH: N/A

Winter Driving

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers associated with winter driving. **Type:** Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 4 Minutes

Examination: No

PDH: N/A

Working in the Cold

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of working in cold environments. **Type:** Winter Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

Work-zone Safety

A Sudden Change of Plans

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers associated with working within the Work-Zone area.

Type: Work-Zone Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 7 Minutes

Examination: No

PDH: N/A

Basic Traffic Control

Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with flagging, and to perform Basic Traffic

Control.

Type: Work-Zone Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 13 Minutes

Examination: No

PDH: N/A

ITRE: Flagger Training

Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with flagging, and to perform Basic Traffic

Control.

Type: Work-Zone Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 22 Minutes

Examination: No

PDH: N/A

Highway Work Zone Safety: The Basics

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers in the Highway Work-zone. **Type:** Work-Zone Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 16 Minutes

Examination: No

PDH: N/A

Iowa DOT: Professional Flagging

Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with flagging, and to perform Basic Traffic

Control.

Type: Work-Zone Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 46 Minutes

Examination: No

PDH: N/A

Under Construction: Trucking in the Work-Zone

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of driving trucks through the Work-Zone Safety area.

Type: Work-Zone Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 10 Minutes

Examination: No

PDH: N/A

Work-Zone Safety: Rural and Local Parts 1-6

Description: This DVD provides viewers with the knowledge and skills needed

to perform roadway maintenance in the Work-Zone Safety area.

Type: Work-Zone Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 1 Hr, 40 Minutes

Examination: No

PDH: N/A

Work-Zone Safety: Trucking Through the Work-Zone

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of driving trucks through the Work-Zone Safety area.

Type: Work-Zone Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 7 Minutes

Examination: No

PDH: N/A

Field Operations

Bituminous Surface Treatment-Patching

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform BST patching.

Target Audience: All employees Prerequisites: None

Length of DVD: 16 Minutes

Examination: No

PDH: N/A

C50L Huck-bolt Fastening System

Description: This DVD provides viewers with the knowledge and skills needed

to understand how to use the Huck-bolt C50L Fastening System.

Type: Field Operations Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 9 Minutes

Examination: No

PDH: N/A

Contract Mowing

Description: This DVD provides viewers with the knowledge and skills needed

to understand how contract mowing is used by the NCDOT.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 11 Minutes

Examination: No

PDH: N/A

Design and Installation of Buried Pipes

Description: This DVD provides viewers with the knowledge and skills needed

to design and install buried pipes on road work projects. **Type:** Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 42 Minutes

Examination: No

PDH: N/A

FHWA: Project Selection

Description: This DVD provides viewers with the knowledge and skills needed

to prioritize the selection of various road work projects. **Type:** Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 30 Minutes

Examination: No

PDH: N/A

Full Depth Patching

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform full depth patching.

Target Audience: All employees Prerequisites: None

Length of DVD: 17 Minutes

Examination: No

PDH: N/A

Full Depth Reclamation

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform full depth road reclamation.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 22 Minutes

Examination: No

PDH: N/A

NC-DOT Contract Mowing

Description: This DVD provides viewers with the knowledge and skills needed to observe and certify the correct completion of mowing operations conducted by

contractors.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 12 Minutes

Examination: No

PDH: N/A

NCDOT Crime Watch Program

Description: This DVD provides viewers with the knowledge and skills needed

to identify and report crime while out in the field. **Type:** Field Operations **Provider:**

Type: Field Operations Provider:
Target Audience: All employees Prerequisites: None

Length of DVD: 9 Minutes

Examination: No

PDH: N/A

Pavement Structure Repair Techniques: Asphalt Chip Seals

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform paving with asphalt chip seals.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 22 Minutes

Examination: No

PDH: N/A

Pavement Structure Repair Techniques: Basic Traffic Control

Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic traffic control as part of road

maintenance.

Target Audience: All employees Prerequisites: None

Length of DVD: 11 Minutes

Examination: No

PDH: N/A

Pavement Structure Repair Techniques: Crack Sealing

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform crack sealing road maintenance.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 16 Minutes

Examination: No

PDH: N/A

Pavement Structure Repair Techniques: Ditch Maintenance

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform ditch maintenance.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 15 Minutes

Examination: No

PDH: N/A

Pavement Structure Repair Techniques: Gravel Roads

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform maintenance on gravel roads.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 27 Minutes

Examination: No

PDH: N/A

Pavement Structure Repair Techniques: Pothole Patching

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform pothole patching maintenance.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 17 Minutes

Examination: No

PDH: N/A

Pavement Structure Repair Techniques: Shoulder Maintenance

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform shoulder maintenance.

Target Audience: All employees Prerequisites: None

Length of DVD: 21 Minutes

Examination: No

PDH: N/A

Pest Management Level 2

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform basic Pest Management.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 31 Minutes

Examination: No

PDH: N/A

Pest Management Level 4

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform advanced Pest Management.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 20 Minutes

Examination: No

PDH: N/A

Rigging Equipment: Inspecting for Safety

Description: This DVD provides viewers with the knowledge and skills needed

to properly inspect rigging equipment for personal safety.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 16 Minutes

Examination: No

PDH: N/A

Sensible Wood Cutting

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to safely perform basic wood cutting.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 23 Minutes

Examination: No

PDH: N/A

Surface Defects in Formed Concrete

Description: This DVD provides viewers with the knowledge and skills needed

to find and repair surface defects in formed concrete.

Target Audience: All employees Prerequisites: None

Length of DVD: 19 Minutes

Examination: No

PDH: N/A

The Reliable Witness: Direct Tension Indicator

Description: This DVD provides viewers with the knowledge and skills needed

to safely use the Direct Tension Indicator.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 21 Minutes

Examination: No

PDH: N/A

Trenching and Excavation Operations

Description: This DVD provides viewers with the knowledge and skills needed

to identify the safety issues with trenching and excavation in the workplace.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 26 Minutes

Examination: No

PDH: N/A

Trenching Safety I

Description: This DVD provides viewers with the knowledge and skills needed

to identify the safety issues with trenching in the workplace.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Trenching Safety II

Description: This DVD provides viewers with the knowledge and skills needed

to identify the safety issues with trenching in the workplace.

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Wheelbarrows

Description: This DVD provides viewers with the knowledge and skills needed

to properly operate a wheelbarrow in the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

ZAP! Power Line Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers associated with power lines in the work-place

Type: Field Operations **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 4 Minutes

Examination: No

PDH: N/A

Environmental

A Good Tomorrow: NCDOT-REU

Description: This DVD provides viewers with an introduction to roadside

environmental concerns for NCDOT Roadway Maintenance Workers.

Type: Environmental **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 8 Minutes

Examination: No

PDH: N/A

Erosion and Sediment Control Practices Part I

Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic erosion and sediment control

practices.

Type: Environmental Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 49 Minutes

Examination: No

PDH: N/A

Erosion and Sediment Control Practices Part II

Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic erosion and sediment control

practices.

Type: Environmental Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 42 Minutes

Examination: No

Introduction to Erosion Control

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform basic erosion control.

Type: Environmental Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 31 Minutes

Examination: No

PDH: N/A

Install Erosion Control Devices

Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform the installation of erosion control devices.

Type: Environmental Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 52 Minutes

Examination: No

PDH: N/A

Pollution Prevention

Description: This DVD provides participants with the knowledge and skills

needed to recognize sources of pollution on the work-site.

Type: Environmental Provider:

Target Audience: All employees Prerequisites: None Length of DVD: 5 Minutes Copyrighted? Yes

Examination: No

PDH: N/A

Sediment Control

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform basic sediment control.

Type: Environmental Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 49 Minutes

Examination: No

PDH: N/A

Storm-water Pollution Prevention

Description: This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic storm-water pollution control practices.

Type: Environmental Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 35 Minutes

Examination: No

PDH: N/A

Vegetation Management

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the need for and to perform basic vegetation management.

Type: Environmental **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 28 Minutes

Examination: No

PDH: N/A

<u>Personnel</u>

Peer Pressure

Description: This DVD provides viewers with the knowledge and skills needed

to identify safety issues in the workplace prompted by peer pressure.

Type: Personnel Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Supervisor Responsibility

Description: This DVD provides viewers with the knowledge and skills needed

to supervise personnel.

Type: Personnel Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 19 Minutes

Examination: No

PDH: N/A

Violence in the Workplace

Description: This DVD provides viewers with the knowledge and skills needed

to identify the potential dangers of violence in the workplace.

Type: Personnel Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 7 Minutes

Examination: No

Safety Films

A Better Way: Defensive Driving

Description: This DVD provides viewers with the knowledge and skills needed

to identify the potential dangers involved in operating a motor vehicle.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 25 Minutes

Examination: No

PDH: N/A

Accident Investigation

Description: This DVD provides viewers with the knowledge and skills needed

to identify the causes of accidents in the workplace. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 14 Minutes

Examination: No

PDH: N/A

AC Heat stick

Description: This DVD provides viewers with the knowledge and skills needed to identify the potential dangers involved with electricity using the AC Heat stick.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 18 Minutes

Examination: No

PDH: N/A

Adopt A Highway Safety Program

Description: This DVD provides viewers with the knowledge and skills needed to safely pick up litter alongside NC roadways as part of the Adopt a Highway

Program.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Asbestos in the Workplace

Description: This DVD provides viewers with the knowledge and skills needed

to identify the potential dangers involved with asbestos in the work area.

Target Audience: All employees Prerequisites: None

Length of DVD: 10 Minutes

Examination: No

PDH: N/A

Avoiding Poisonous Plants

Description: This DVD provides viewers with the knowledge and skills needed

to identify the potential dangers poisonous plants in the outside work area.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 12 Minutes

Examination: No

PDH: N/A

Back Safety

Description: This DVD provides participants with the knowledge and skills

needed to recognize and prevent back injuries.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None Length of DVD: 5 Minutes Copyrighted? Yes

Examination: No

PDH: N/A

Basic First Aid

Description: This DVD provides viewers with the knowledge and skills needed to recognize when first aid is needed and how to perform basic first aid steps.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 13 Minutes

Examination: No

PDH: N/A

Battling Fatique

Description: This DVD provides viewers with the knowledge and skills needed

to recognize when fatigue is affecting you on the job. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No.

PDH: N/A

Blood-borne Pathogens

Description: This DVD provides viewers with the knowledge and skills needed

to avoid transmitting illness and disease from blood-borne pathogens.

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Breaking the Accident Chain

Description: This DVD provides viewers with the knowledge and skills needed

to identify factors leading up to accidents on the road. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 7 Minutes

Examination: No

PDH: N/A

Carbon Monoxide

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of carbon monoxide at home and the workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Cellular Phones and Two-Way Radios

Description: This DVD provides viewers with the knowledge and skills needed

for identification of the dangers of using these devices while driving.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Circle of Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify dangers in the workplace.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 8 Minutes

Examination: No

PDH: N/A

Cracking the Code: Material Safety Data Sheets

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of working with chemicals in the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Decontamination

Description: This DVD provides viewers with the knowledge and skills needed to decontaminate yourself and the workplace in the event of a chemical spill.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Dreams into Nightmares

Description: This DVD provides viewers with the knowledge and skills needed

to identify dangers in the home and workplace.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Driver Attitude

Description: This DVD provides viewers with the knowledge and skills needed

to identify dangers while driving.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 7 Minutes

Examination: No

PDH: N/A

Equipment Mounting & Dismounting Using the 3 Point System

Description: This DVD provides viewers with the knowledge and skills needed

to identify proper mounting and dismounting using the 3 point system.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 10 Minutes

Examination: No

PDH: N/A

Fall Protection Systems Overview

Description: This DVD provides viewers with the knowledge and skills needed

to identify and use various fall protection systems in the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 7 Minutes

Examination: No

PDH: N/A

Falls

Description: This DVD provides viewers with the knowledge and skills needed

to identify various fall hazards at home and the workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 4 Minutes

Examination: No

PDH: N/A

Fire Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the potential dangers fire in the workplace. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 21 Minutes

Examination: No

PDH: N/A

Five Steps to Ladder Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of using ladders at home and in the workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Flammables

Description: This DVD provides viewers with the knowledge and skills needed

to identify various types of flammables and the dangers of using them.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Gases At Home and Work

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of using various gases at home and the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Getting Your Back into It

Description: This DVD provides viewers with the knowledge and skills needed

to avoid back injuries at home and in the workplace. **Type:** Safety

Target Audience: All employees Prerequisites: None

Length of DVD: 4 Minutes

Examination: No

PDH: N/A

Good Driving is an Attitude

Description: This DVD provides viewers with the knowledge and skills needed

to identify driving dangers on the road.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 4 Minutes

Examination: No

PDH: N/A

Hard Hat Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the benefits of using hard-hats for safety. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Hazard Assessment

Description: This DVD provides viewers with the knowledge and skills needed

to assess hazards at home and in the workplace. Type: Safety Provider:

Target Audience: All employees **Prerequisites:** None

Lenath of DVD: 13 Minutes

Examination: No

PDH: N/A

Hazard Communication

Description: This DVD provides viewers with the knowledge and skills needed

to recognize hazards at home and in the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 18 Minutes

Examination: No

PDH: N/A

Haz-Com: Introduction to the Materials Safety Data Sheets

Description: This DVD provides viewers with the knowledge and skills needed

to identify the hazards of chemicals using the MSDS sheets.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Haz-Com: Your Right to Know

Description: This DVD provides viewers with the knowledge and skills needed

to identify various chemicals in use at the workplace. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Hearing Safety

Description: This DVD provides viewers with the knowledge and skills needed

to avoid hearing injuries in the workplace by using protection devices

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Hearing Safety (Extended)

Description: This DVD provides viewers with the knowledge and skills needed

to avoid hearing injuries in the workplace by using protection devices

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 16 Minutes

Examination: No

PDH: N/A

Heat Stress

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of heat stress on the job-site.

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Home Chemical Handling

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the dangers of hazardous home chemicals.

Type: Safety Provider:

Target Audience: All employees Prerequisites:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Home Fire Evacuation

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of a home fire and how to evacuate the home.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 17 Minutes

Examination: No

PDH: N/A

Home Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers at home and how to prevent them.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 21 Minutes

Examination: No

PDH: N/A

Housekeeping

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of a cluttered job site.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Incident Management Response Plan

Description: This DVD provides viewers with the knowledge and skills needed

to create an Incident Management Response Plan.

Target Audience: All employees Prerequisites: None

Length of DVD: 16 Minutes

Examination: No

PDH: N/A

Job-Site Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers at the job-site and how to prevent them.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 21 Minutes

Examination: No

PDH: N/A

Just Horsing Around

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers associated with horsing around at the workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 4 Minutes

Examination: No

PDH: N/A

Lead in the Workplace

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of using lead in the workplace. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 7 Minutes

Examination: No

PDH: N/A

Lead Safety On the Job

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of using lead in the workplace. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 19 Minutes

Examination: No

PDH: N/A

Lead, Treat it with Respect

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of using lead in the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 17 Minutes

Examination: No

PDH: N/A

Lockout/Tagout Affected Employees

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of not safety-tagging equipment during maintenance.

Type: Safety **Provider**:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Lyme disease

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of tick-borne Lyme disease. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Machine Lockout: Controlling Hazardous Energy

Description: This DVD provides viewers with the knowledge and skills needed

to avoid various accidents with industrial and construction equipment.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 20 Minutes

Examination: No

PDH: N/A

Making Safer Roads: Roadside hazards

Description: This DVD provides viewers with the knowledge and skills needed

to identify and limit roadside hazards.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 12 Minutes

Examination: No

PDH: N/A

Near Misses

Description: This DVD provides viewers with the knowledge and skills needed

to avoid various accidents in the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 4 Minutes

Examination: No

PDH: N/A

Outdoor Safety: Critters and Plants

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of animals and plants out in the field workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Oxy-Fuel Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of using oxy-fuel in the workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 32 Minutes

Examination: No

PDH: N/A

Personal Fall Arrest Systems

Description: This DVD provides viewers with the knowledge and skills needed

to identify and use various fall arresting systems in the workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Personal Protective Equipment

Description: This DVD provides viewers with the knowledge and skills needed

to properly use personal protective equipment in the workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 15 Minutes

Examination: No

PDH: N/A

Portable Fire Extinguishers

Description: This DVD provides viewers with the knowledge and skills needed

to properly use portable fire extinguishers at home and in the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 12 Minutes

Examination: No

PDH: N/A

Respiratory Protection

Description: This DVD provides viewers with the knowledge and skills needed

to recognize when respiratory protection is needed in the workplace.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 26 Minutes

Examination: No

PDH: N/A

Safe Lifting Techniques

Description: This DVD provides viewers with the knowledge and skills needed

to identify and combat back injuries in the workplace. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Safe Rigging Practices

Description: This DVD provides viewers with the knowledge and skills needed to identify and work with safe rigging practices and systems in the workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 18 Minutes

Examination: No

PDH: N/A

Safe Work Practices in Construction

Description: This DVD provides viewers with the knowledge and skills needed

to identify and avoid un-safe work practices on the job. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 11 Minutes

Examination: No

PDH: N/A

Safety Meetings Series I

Description: This DVD provides viewers with the knowledge and skills needed to identify and avoid various lifting, eye protection and hand-tool safety hazards

on the job.

Target Audience: All employees Prerequisites: None

Length of DVD: 22 Minutes

Examination: No

PDH: N/A

Safety Meetings Series II

Description: This DVD provides viewers with the knowledge and skills needed to identify and avoid various safety gear, housekeeping hazards and hand

protection safety hazards on the job.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 17 Minutes

Examination: No

PDH: N/A

Safety Meetings Series III

Description: This DVD provides viewers with the knowledge and skills needed to identify and avoid various electrical safety, skin protection and horseplay

safety hazards on the job.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 25 Minutes

Examination: No

PDH: N/A

Safety Attitude

Description: This DVD provides viewers with the knowledge and skills needed

to develop a positive attitude towards safety on the job. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Safety Orientation: It Takes a Winning Attitude

Description: This DVD provides viewers with the knowledge and skills needed

to identify and avoid un-safe work practices on the job. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 22 Minutes

Examination: No

PDH: N/A

Safety Signs

Description: This DVD provides viewers with the knowledge and skills needed

to identify the various safety signs in use at the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Scaffolding Safety

Description: This DVD provides viewers with the knowledge and skills needed to identify and combat potential injuries when using scaffolding in the workplace.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 18 Minutes

Examination: No

PDH: N/A

Slippin' and Slidin'

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of walking on slippery surfaces. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 4 Minutes

Examination: No

PDH: N/A

Slip, Slop and Slap

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers skin cancer from the sun. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Slips, Trips and Falls

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of walking on slippery or uneven surfaces.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Speeding Trucks

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of speeding while driving a truck.

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Swept Away: A Guide to Water Rescue Ops

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the hazards and skills needed to perform Water Rescue Ops.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 31 Minutes

Examination: No

PDH: N/A

The Accident: What to Do?

Description: This DVD provides viewers with the knowledge and skills needed

to properly react to an accident.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

The Hazards of Electricity

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of electricity on the workplace. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Lenath of DVD: 5 Minutes

Examination: No

PDH: N/A

The Hidden Danger: Low Water Crossings

Description: This DVD provides viewers with the knowledge and skills needed

to recognize dangers of low-water crossings.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 9 Minutes

Examination: No

PDH: N/A

The Power of Electricity

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of electricity at home and the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

The Sealed Corridor: Railroad Crossing Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify and help eliminate the dangers at railroad crossings.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 8 Minutes

Examination: No

PDH: N/A

Tick Disease Prevention

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of tick-borne diseases.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 15 Minutes

Examination: No

PDH: N/A

Underground Safety: Confined Space Entry

Description: This DVD provides viewers with the knowledge and skills needed to identify the dangers involved when working in a confined space workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 10 Minutes

Examination: No

PDH: N/A

Unrestrained Motorists: The Cost to Your Community

Description: This DVD provides viewers with the knowledge of how unrestrained

motorists and accidents introduce huge costs to the community.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Lenath of DVD: 8 Minutes

Examination: No

PDH: N/A

Watch-out For Assault

Description: This DVD provides viewers with the knowledge and skills needed

to identify the signs of pending assaults and how to avoid them.

Target Audience: All employees Prerequisites: None

Length of DVD: 13 Minutes

Examination: No

PDH: N/A

Welding & Cutting Safety

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of welding and cutting in the workplace.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 26 Minutes

Examination: No

PDH: N/A

Wellness: Fitness

Description: This DVD provides viewers with the knowledge and skills needed

to properly use fitness training as a part of a personal wellness program.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Wellness: Stop Smoking

Description: This DVD provides viewers with the knowledge and skills needed

to quit smoking as part of a personal wellness program. **Type:** Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Working Around Flammables and Combustibles

Description: This DVD provides viewers with the knowledge and skills needed

to identify various types of flammables and the dangers of using them.

Type: Safety Provider:

Target Audience: All employees Prerequisites: None

Length of DVD: 5 Minutes

Examination: No

PDH: N/A

Working Around Scaffolding

Description: This DVD provides viewers with the knowledge and skills needed

to identify the dangers of working with scaffolding in the workplace.

Target Audience: All employees Prerequisites: None

Length of DVD: 6 Minutes

Examination: No

PDH: N/A

Working with Hazardous Materials

Description: This DVD provides viewers with the knowledge and skills needed

to recognize the dangers of working with hazardous materials..

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 10 Minutes

Examination: No

PDH: N/A

Workplace Safety Program

Description: This DVD provides viewers with the knowledge and skills needed

to develop a workplace safety program.

Type: Safety **Provider:**

Target Audience: All employees Prerequisites: None

Length of DVD: 10 Minutes

Examination: No

PDH: N/A

Other

NCDOT On-Line Training Videos:

-Proper Pipe Installation and Winter Operations at the following link:

http://www.ncdot.gov/programs/srmu/videos/default.html

Div: County Yard:		_ Duration	Needed?	
Category/Title			=	Y or N
Equipment Opns			1	1 01 14
Backing Safety			5 Mins	
Backing Up			5 Mins	
Bucket Trucks			5 Mins	
Car Jacks			5 Mins	
CDL-Pre Trip Inspectio	n		19 Mins	
Chains and Safety	11	+ +	6 Mins	
Cold Milling Machine		+ +	25 Mins	
Crane Operation Safety		1:40 Hrs.		
Driving Straight Trucks			12 Mins	
Hand and Power Tools			15 Mins	
Hand-fed Brush Chippe			12 Mins	
Heavy Equipment Ope			9 Mins	
Highway Work Zone Sa		 	16 Mins	
How to Operate An A-E	soom	 	8 Mins	
Hyundai Front Loader			11 Mins	
JCB Backhoe Loader S			15 Mins	
John Deere 7000 Serie			1:17 Hrs.	
Rigging Equipment Bas	sics		21 Mins	
Rigging Operations				
Safe Driver Training			52 Mins	
Safe Equipment Transp	port		24 Mins	
Seat Belt Safety			5 Mins	
Shock Hazards, Power	Tools		5 Mins	
Tractor Safety			6 Mins	
Transport Trailer Safety			25 Mins	
Vermeer Brush Chippe	r		14 Mins	
Winter Opns				
Anatomy of a Winter S	torm		13 Mins	
FHWA: Anti-icing for Maintenance Personnel		el	12 Mins	
FHWA: What is Anti-Icing?			9 Mins	
Iowa DOT Anti-Icing/De-Icing			30 Mins	
Iowa DOT Winter Weather Resources			35 Mins	
Pre-Wetting with Liquid			13 Mins	
Snow and ice Control			12 Mins	
Snow fighters			20 Mins	
Snowplow Safety			22 Mins	
Staying Ahead of the S	torm		20 Mins	
Wetted Salt with Calciu		20Mins		
Winter Driving	511101145	+ +	4 Mins	
Working in the Cold			5 Mins	
Tronking in the bold			O IVIII IS	
Work zone				
A Sudden Change of P	lans	+ +	7 Mins	
Basic Traffic Control	iaiio		13 Mins	
		+ +	22 Mins	
ITRE: Flagger Training				
Highway Work Zone Safety: The Basics			16 Mins	

Iowa DOT Professional Flagging	46 Mins
Under Construction: Trucking in the Work Zone	10 Mins
WorkZone Safety: Rural & Local Parts 1-6	1:40 Hrs
WorkZone Safety: Trucking Through the Workzone	7 Mins
Workzono carety. Tracking Through the Workzono	7 1/11110
Field Opns	
Bituminous Surface Treatments Patching	16 Mins
C50L Huckbolt Fastening System	9 Mins
Contract Mowing	11 Mins
Design and Installation of Buried Pipes	42 Mins
FHWA: Project Selection	30 Mins
Full Depth Patching	17 Mins
Full Depth Reclamation	12 Mins
NDOT Crime Watch Program	9 Mins
NCDOT Contract Mowing	12 Mins
Pavement Structure Repair Tech Asphalt Chip Seals	22 Mins
Pavement Structure Repair Tech Basic Traffic Control	11 Mins
Pavement Structure Repair Tech Crack Sealing	16 Mins
Pavement Structure Repair Tech: Ditch Maintenance	16 Mins
Pavement Structure Repair Tech Gravel Roads	27 Mins
Pavement Structure Repair Tech Pothole Patching	17 Mins
Pavement Structure Repair Tech: Shoulder Maintenance	21 Mins.
Pest Management Level 2	31 Mins
Pest Management Level 4	Unk.
Rigging Equip: Inspecting for Safety	16 Mins
Sensible Wood Cutting	23 Mins
Surface Defects in Formed Concrete	19 Mins
The Reliable Witness Direct Tension Indicator	21 Mins
Trenching and Excavation Opns	26 Mins
Trenching Safety I	6 Mins
Trenching Safety II	6 Mins
Wheelbarrows	6 Mins
Zap Power Line Safety	4 Mins
Environment	
A Good Tomorrow NCDOT-REU	8 Mins
Erosion and Sediment Control Pactices Pt I	49 Mins
Erosion and Sediment Control Pactices Pt II	42 Mins
Intro. To Erosion Control	15 Mins
Install Erosion Control Devices	52 Mins
Pollution Prevention	5 Mins
Sediment Control	49 Mins
Stormwater Pollution Prevention	35 Mins
Vegetation Management	28 Mins
Personnel	
Peer Pressure	5 Mins
Violence in the Workplace	7 Mins
Supervisor Responsibility	19 Mins
Safety	
A Better Way Defensive Driving	25 Mins

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Accident Investigation	14 Mins
AC Heatstick	18 Mins
Adopt a Highway Safety Program	6 Mins
Asbestos in the Workplace	10 Mins
Avoiding Poisonous Plants	12 Mins
Back Safety	5 Mins
Basic First Aid	13 Mins
Battling Fatigue	5 Mins
Bloodborne Pathogens	5 Mins
Breaking the Accident Chain	7 Mins
Carbon Monoxide	5 Mins
Cellular Phones and 2 Way Radios	6 Mins
Circle of Safety	8 Mins
Cracking the Code MSDS	6 Mins
Decontamination	6 Mins
Dreams Into Nightmares	5 Mins
Driver Attitude	7 Mins
Equipment Mounting and Dismounting 3 Pt System	10 Mins
Fall Protection Systems Overview	7 Mins
Falls	4 Mins
Fire Safety	21 Mins.
Five Steps to Ladder Safety	5 Mins
Flammables	6 Mins
Gases at Home and Work	5 Mins
Getting Your Back Into It	4 Mins
Good Driving is an Attitude	4 Mins
Hard Hat Safety	5 Mins
Hazard Assessment	13 Mins
Hazard Communication	18 Mins
Haz Com Intro to MSDS	5 Mins
Haz Com Your Right to Know	6 Mins
Hearing Safety	5 Mins
Hearing Safety (Extended)	16 Mins
Heat Stress	6 Mins
Home Chemical Handling	5 Mins
Home Fire Evacuation	17 Mins
Home Safety	11 Mins
Housekeeping	5 Mins
Incident Management Response Plan	16 Mins
Job Site Safety	21 Mins.
Just Horsing Around	4 Mins
Lead in the Workplace	7 Mins
Lead Safety On the Job	19 Mins
Lead! Treat if with Respect	17 Mins
Lockout/Tagout Affected Employees	5 Mins
Lyme Disease	6 Mins
Machine Lockout Controlling Hazardous Energy	20 Mins
Making Safer Roads:Roadside Hazards	12 Mins
Near Misses	4 Mins
Outdoor Safety: Critters and Plants	5 Mins
OxyFuel Safety	32 Mins
Personal Fall Arrest Systems	6 Mins

Personal Protective Equipment	15 Mins
Portable Fire Extinguishers	12 Mins
Respiratory Protection	26 Mins
Safe Lifting Techniques	5 Mins
Safe Rigging Practices	18 Mins
Safe Work Practices in Construction	11 Mins
Safety Attitude	5 Mins
Safety Mtng I: Lifting/Eye Protect/Hand-tool Safety	22 Mins
Safety Mtng II: Wearing Safety Gear, Housekeeping Hazards, Han	
Safety Mtng III: Electrical Safety, Skin Protection, Horseplay	25 Mins
Safety Orientation: It Takes a Winning Attitude	22 Mins
Safety Signs	6 Mins
Scaffolding Safety	18 Mins
Slip, slop and Slap	5 Mins
Slippin and Slidin	4 Mins
Slips, Trips and Falls	5 Mins
Speeding Trucks	5 Mins
Swept Away: A guide to Water Rescue Ops	31 Mins
The Accident: What to Do	15 Mins
The Hazards of Electricity	5 Mins
The Hidden Danger: Low Water Crossings	9 Mins
The Power of Electricity	5 Mins
The Sealed Corridor/RailRoad Crossing Safety	8 Mins
Tick Disease Prevention	15 Mins
Underground Safety: Confined Space Entry	10 Mins
Unrestrained Motorists: The Cost to Your Community	8 Mins
Watchout For Assault	13 Mins
Welding & Cutting Safety	26 Mins
Wellness Fitness	5 Mins
Wellness Stop Smoking	5 Mins
Working Around Flammables&Combustibles	5 Mins
Working Around Scaffolding	6 Mins
Working with Hazardous Materials	10 Mins
Workplace Safety Program	10 Mins
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