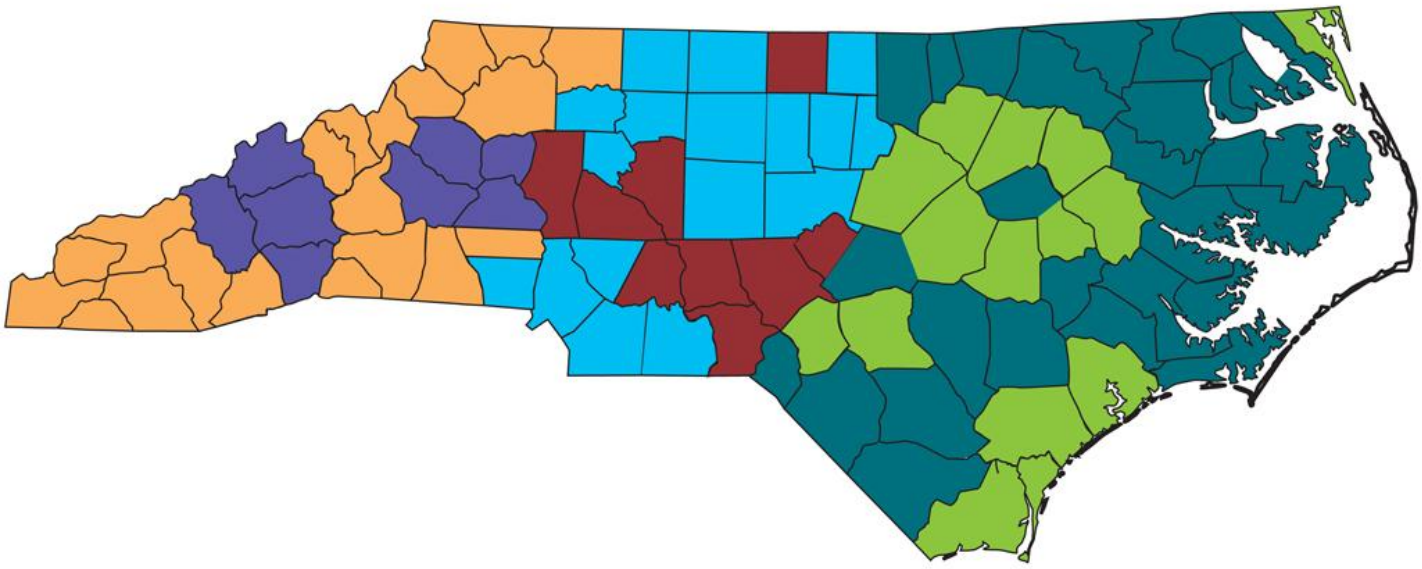
NC Regions

Western		Central		Eastern	
Rural	**Metropolitan**	**Rural**	**Metropolitan**	**Rural**	**Metropolitan**
Ashe	Alexander	Caswell	Alamance	Beaufort	Brunswick
Alleghany	Buncombe	Davidson	Anson	Bertie	Cumberland
Avery	Burke	Iredell	Cabarrus	Bladen	Currituck
Cherokee	Caldwell	Lee	Chatham	Camden	Edgecombe
Clay	Catawba	Montgomery	Davie	Carteret	Franklin
Cleveland	Haywood	Moore	Durham	Chowan	Greene
Graham	Henderson	Richmond	Forsyth	Columbus	Hoke
Jackson	Madison	Rowan	Gaston	Craven	Johnston
Lincoln		Stanly	Guilford	Dare	Nash
Macon			Mecklenburg	Duplin	New Hanover
McDowell			Orange	Gates	Onslow
Mitchell			Person	Granville	Pender
Polk			Randolph	Halifax	Pitt
Rutherford			Rockingham	Harnett	Wake
Surry			Stokes	Hertford	Wayne
Swain			Union	Hyde	
Transylvania			Yadkin	Jones	
Watauga				Lenoir	
Wilkes				Martin	
Yancey				Northampton	
				Pamlico	
				Pasquotank	
				Perquimans	
				Robeson	
				Scotland	
				Sampson	
				Tyrell	
				Vance	
				Warren	
				Washington	
				Wilson	



East (Rural): Granville, Vance, Warren, Halifax, Northampton, Wilson, Harnett, Scotland, Robeson, Bladen, Columbus, Sampson, Duplin, Lenoir, Jones, Craven, Beaufort, Pamlico, Carteret, Dare, Gates, Hertford, Bertie, Martin, Washington, Tyrell, Hyde, Chowan, Camden, Perquimans, Pasquotank.

East (Metropolitan): Cumberland, Hoke, Pender, Brunswick, New Hanover, Currituck, Onslow, Pitt, Greene, Johnston, Wayne, Wake, Nash, Edgecombe, Franklin

Central (Rural): Caswell, Montgomery, Iredell, Rowan, Davidson, Lee, Stanly, Richmond, Moore

Central (Metropolitan): Stokes, Rockingham, Person, Yadkin, Forsyth, Davie, Guilford, Randolph, Alamance, Chatham, Orange, Durham, Cabarrus, Gaston, Mecklenburg, Union, Anson

West (Rural): Cherokee, Graham, Swain, Clay, Macon, Jackson, Transylvania, Polk, Rutherford, Cleveland, Lincoln, Wilkes, Surry, Watauga, Yancey, Mitchell, Avery, McDowell, Ashe, Alleghany

West (Metropolitan): Haywood, Madison, Buncombe, Henderson, Caldwell, Burke, Catawba, Alexander